



Don't forget that your \$25 annual dues are payable by January 1, 2017.

We will begin taking payments in the office on Nov. 1, 2016. Later in this newsletter we will describe the new badges for 2017.



Look inside for information about our upcoming AVSCC Elections



Cajun Dance
Nov 5th
See inside

FROM THE PRESIDENT'S DESK

Our club has a new heating and air conditioning system on the roof which is very energy efficient. In addition, we now have a full LED lighting system, interior/exterior & parking areas! All work has been completed which will reduce our electric bill dramatically & in a short time pay for itself with ongoing benefits. The old systems were in very bad condition and we had several close calls with fire hazards. Projections are that Edison rates will increase 40% over the next four years. With this new system (s) our club will reap the benefits of new technologies.

Saturday, Nov 5, 6-10pm our club will host a fun event with Cajun music, dancing and Cajun food, (low spice and delicious) cooked by a Cajun Chef. *Old Time Tiki Parlour* (<http://oldtimetikiparlour.com>) recording artists Joe Fontenot, Carolyn Russel & Guy Wenzel will lead their band in lively Cajun music. Their debut CD "L'Echo a Travers Le Clos" (Echo Across the Field) was released this year. Admission will be \$10 with ala cart pricing of \$2.50-\$6 for dinner. The event is open to the public so bring your friends and family. Dance, eat & meet this well-known, fun group. See flyer attached to the newsletter. Pictures and posting are also on the club bulletin boards.

Our club will soon have our own vending machines with various snacks, juices, sodas, etc. It will be located in the Grand Hall on the back wall with the current coffee bar.

Movies, a Sunday event, are temporarily suspended. Participation & volunteerism is a current challenge.

Apple Valley Senior Citizens Club

13188 Central Road, Apple Valley, CA 92308 (760) 247-3155 email: AVSCC65@gmail.com

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<http://applevalleyseniorcitizensclub.net/> <https://www.facebook.com/Apple-Valley-Senior-Citizens-Club>

President's Letter (cont.)

Our audits/bookkeeping reflects we are doing well & our board & officers have done a great job. Thank You!

Thank you also to our volunteers—the lifeblood of our club. All of you are sincerely appreciated and a joy to work with. Keep up the great work in giving of your precious time. We are moving forward thanks to all of you.

Minutes of the September Monthly General Meeting & the October Board Meeting are available in the office. Members are welcome to attend Board Meetings.

Jim Welte (760) 220-3889

**Please note our November General Meeting will be one week earlier due to the Thanksgiving holiday. The club will be closed on Thanksgiving Day but open on Friday. (No office coverage).*

NEW EMAIL ADDRESS

Please note that the club has a new general email address. All correspondence to the club by email should be directed to AVSCC65@gmail.com.

EAT BETTER AND MOVE MORE

Tuesday's from 9:30–10:30 beginning Oct. 18 a free nutrition and exercise class. Learn about medication management, sensible portion sizes, calcium for strong bones, etc. Also includes stretching, balance and flexibility exercises. Sponsored by San Bernardino County Department of Aging and Adult Services. These classes are open to the public so bring family & friends and introduce them to our club!

Hi CAP ANNUAL ENROLLMENT CLINIC

Mark your calendars for November 4, 2016 from 10–3pm. You will be able to change medical plans, etc. and find out all you need to know. Call for information

Doug Shaw (909) 636-2529

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CALENDAR OF MAJOR EVENTS

November

Hi Cap Enrollment Clinic	Nov 4	10am–3pm
Cajun Dance	Nov 5	6–10pm
Tea Dance 1–4pm	Nov 6	Hi Desert Dance Band
Deadline for Sidewinder Articles	Nov 9	avscnewsletter@gmail.com
Saturday Dances: (7 – 10 PM)	Nov 12, 19	See Below for Bands
Health Care and Insurance Info	Nov 16	HI–CAP: 9:30 am
General Meeting & Board Elections*	Nov 18	

Menu: Turkey, mashed potatoes, green bean casserole, salad, pie

HOLIDAY BOUTIQUE IS COMING!!

Our group is getting ready for our Annual Boutique at the November 18th General Meeting & luncheon. Bring your \$\$\$ & Shop, Shop, Shop! Remember to bring us empty jelly jars, Coupons for Education, pull tabs & Campbell Soup labels!

Ginny Clark (760) 247-5324

LOVE TO DANCE?

The first Saturday of each month is Karaoke from 6pm–9pm. \$1.00 donation (on hiatus in November). The Saturday dances are from 7–10pm. Dances are open to the public and \$5 per person. *(October 29th will be a Halloween Themed Dance) ** Please note there will NOT be a dance the Saturday after Thanksgiving, Nov 26, 2016***

1 st Saturday	Karaoke	6–9pm
2 nd Saturday	Crossroads	7–10PM
3 rd Saturday	Gruesum 4som	7–10pm
4 th Saturday	Phoenix Rising	7–10pm
5 th Saturday	Educators	7–10pm

Harold Smith, (760) 240-3880

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CALLING ALL MEMBERSIT'S AVSCC ELECTION TIME

It is time to elect new members to our Board. During the month of October those interested in running for an AVSCC Board position should complete the 2016 Election Nominee form which is posted on the bulletin board in the General Hall and available in the office. Board Members shall be elected at the November meeting of the even numbered years for the following positions:

- 2nd Vice President
- Financial Secretary
- Corresponding Secretary
- 3 Board Members

Officers and Board Members shall be elected for a term of two years. Board members and officers can only serve 2 consecutive terms on the board.

If you desire to run for any of these positions complete the form, attach a photo to the bottom right hand corner of the form and pin your form to the bulletin board for review. You are allowed to campaign for office until the Oct. General Meeting. There will be no campaigning allowed on the day of the General Meeting.

Anyone who became a regular member of the club at or prior to last year's October meeting may run for office, as long as they are currently in good standing. Before the October General Meeting, John Faber, Membership Chair will confirm eligibility of all candidates seeking election. During the October General Meeting all candidates who have posted their forms and have been confirmed eligible, will have an opportunity to address the Membership and ask for their vote. Any member may also nominate from the floor at the October General Meeting. ***No nominations will be accepted after the introduction of candidates at the October General Meeting.***

Voting will take place on Friday, Nov 18, 2016 during the November General Meeting.

Please visit the club to read the candidate statements & become familiar with those who are running. More information on the AVSCC Nominating and Voting process is in the 2016 AVSCC Telephone Directory which contains a copy of our Bylaws.

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PUBLICITY/NEWSLETTER

Last month we had a hiccup with the mailing labels and some folks did not receive their newsletter in the mail. We sincerely apologize for this and hope you are able to stop by the club and pick up an October newsletter. We have corrected the label issues and all members who have signed up to have the Sidewinder delivered by mail should get the November newsletter without issue. If you are not getting the newsletter by mail, but wish to, please complete the *Change of Information* request form (available in the office) and John Faber, Membership Chair will update your record in the membership database. Remember, unless you specifically ask to have it mailed we are trying to reduce costs by emailing or having it available in the office for pickup.

Let fellow members know what is going on with your groups! Send an email to me at avscnewsletter@gmail.com or leave a note in my box in the office. Also, let me know if you would like something added to the newsletter.

Nancy Faber, 760-247-3878

BOOK CLUB NOTES

The book club will not meet in the busy months of November and December, the next meeting will be on **Monday, January 24, 2017** at our home for a dinner party and book discussion evening, our book selection for January is *Eleanor and Abel* by Annette Sanford. Meanwhile, I have included a couple of suggestions for the following months that you may enjoy; fall is always a nice time of the year to curl up with a good book! You are invited to join us at our next regular meeting and enjoy the social side of the book club.

Happy Trails to you and hope you can join us. The list starting November is as follows:

• November	Open House	Elizabeth Berg
• December	The Christmas Train	David Baldacci
• January	Eleanor and Abel	Annette Sanford
• February	Watership Down	Richard Adams

Pat Howland: 760-242-2471

pateh1@snet.net

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TRIPS AND TOURS

The following trips are scheduled. We need final payment for both trips by Oct 21. If we do not receive payments trips will have to be cancelled.

<i>Sister Act</i>	<i>Nov 6</i>	<i>\$85 p/p</i>	<i>Candlelight Pavilion</i>
<i>Festival of Lights</i>	<i>Dec 4</i>	<i>\$50 p/p</i>	<i>Mission Inn, Riverside (includes dinner at Golden Corral in Hesperia)</i>

Pat Welte (760)713-0962

AEROBICS

Exercise is one of the most important factors in maintaining good health. We offer a program of low impact aerobics, working with stretch bands, weights, various stretch exercises, and balls. We meet Tues. and Thurs. for one hour at 1:30 PM. Come join us! Men as well as women are welcome.

Betty Keiser (760) 242-8290

SEPT. GENERAL MEETING SPEAKER

We were fortunate enough to have Joe Brady as our special speaker at the September General Meeting. He is recognized as an expert among commercial real estate professionals and by the Daily Press as the BEST OF THE DESERT. He talked to the members of our club about the future of property values, making the club stronger and what he sees as the successful growth of the High Desert. The following is a short list of some of the challenges we face including road highways, energy costs, job market and the lack of police presence.

Ginger Cupkie, Facilitator

PHONES, LAPTOP AND TABLET COACHING

For the months of November and December coaching for phones, tablets and laptops will be done on an appointment basis. Please call Karen Kile if you wish to set up an appointment. Thank you for your patience.

Karen Kile (602) 326-9810

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SPACE SCIENCE EXPLORATION

“A New Window on the Universe” a lecture by Cliff Johnson coming in November. Professional lecture, slide show and Q&A. Sign up on the bulletin board by the office. Don't miss this one!

MEMBERSHIP

Beginning Nov 1st AVSCC 2017 dues will be accepted in the office. In addition, we have replaced the button and membership cards with new Membership Badges. As you renew and verify your file information we will provide your new badge with a lanyard or a clip. The new badge will contain information such as the year you joined and the current year, if you are an annual or lifetime member, a chairperson or a Board Member.

Here is a sample badge:



Club Membership now stands at 1006 (Total does not include 25 open appl)
Number of Life Members: 390

John Faber (760) 247-3878

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Phone Book Changes and Additions

Additions

BURDICK, Leroy	218-9281	12240 Osprey Ln., Victorville, CA 92392
FRANKS, Barbara A.	217-0073	14014 Smoketree Rd., Victorville, CA 92395
GUSTAFSON, Carol J.	909-486-4147	20016 Itasca Rd., Apple Valley, CA 92308
HARTWIG, John E.	707-486-7370	11300 Riverrun St., Apple Valley, CA 92308
HOFFMAN, Kathy L.	247-5246	19127 Frances St., Apple Valley, CA 92308
JOHNSON, Juanita	948-9956	16828 Fairburn St., Hesperia, CA 92345
OLMSTEAD, Frank G.	240-2707	23687 Yucca Loma Rd, Apple Valley, CA 92307
RUNNELS, Carl	956-8561	P.O. Box 401253, Hesperia, CA 92340
SILVESTER, Jerry E.	240-4889	22410 Brokenlance Ct., Apple Valley, CA 92307

Changes

MOORE, Phillip C.	403-7488	18427 Bellflower St., Adelanto, CA 92301
PAUL(HARCROW), Mary A.	916-996-7734	5 Osborn Street Apt 228, Irvine, CA 92604

Reinstated

DOTSON, Terrelle C	961-1298	16229 Pauhaska Rd., Apple Valley, CA 92307
HIGHAM, Linda L.	617-1730	21621 Sandia Rd. #77, Apple Valley, CA 92308
WRAY, Ray A.	513-7882	14350 Flathead Rd., Apple Valley, CA 92307

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